

Midnight Sun Family Medicine, PC
Aesthetics Division
Laser Vein Treatment

Recommended Post Care for Laser Vein Treatments

For best results you must follow these instructions

1. Care should be taken to prevent trauma to the treated area for the first 24 hours following treatment.
2. A minimum SPF 30 Sunscreen (UVA/UVB) should be used for any sun exposure during your treatment. Sun tanning and tanning beds should be avoided for 3 days after any redness disappears following treatment.
3. Avoid any strenuous workout, hot tubs and spas for 24 hours after treatment.
4. If the skin is broken or a blister appears, apply antibiotic ointment and contact us. Also, for further protections keep the affected area covered to avoid direct sunlight while experiencing these symptoms.
5. Cold packs or cortisone cream may be used to ease any temporary discomfort.
6. Follow-up examination is recommended 2 weeks after your first visit.
7. If subsequent treatments are needed follow-up should be 6-8 weeks.

If you have any questions or concerns , please do not hesitate to call our office at (907) 455-7123.

Midnight Sun Family Medicine, PC
Aesthetics Division
Ph: 907-455-7123